

## FAMILY MEDICINE AND GENERAL MEDICAL PRACTICE

For general practitioners, at the present time, the progress achieved in the problem of normalizing the reparative and regenerative potential of tissues and organs provides a fundamentally important opportunity to realize the effective treatment and prophylactic therapy capable of restoring the proper adaptation of the organism. Thanks to the successful continuity of fundamental regularities governing the interaction between processes of phagocytosis and cellular immunity, discovered by our genial compatriot Ilya Ilyich Mechnikov, Nobel Laureate of 1908, it was possible to achieve restoration of the reparative and regenerative potentials of tissues and organs within evolutionarily formed mechanisms. Progress was achieved through the realization of the idea, embodied in the biotechnological "know how", obtaining an effective tool for correcting "physiological state of the cell".

1. In complex therapy of somatic diseases, use **the minimum course** of immunomodulation, hepatoprotection, reparation and adaptation with ERBISOL<sup>®</sup> medication

A course of therapy for 20 days                      20 ampoules of ERBISOL<sup>®</sup> (e)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Time																					
6 <sup>00</sup> – 9 <sup>00</sup>																					
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e
	↓																				↓

20 days

2. In complex therapy of influenza, severe and complicated course of acute respiratory disease, use **the standard course** of immunomodulation, hepatoprotection, reparation and adaptation with ERBISOL<sup>®</sup> medication

A course of therapy for 20 days                      30 ampoules of ERBISOL<sup>®</sup> (e)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Time																					
6 <sup>00</sup> – 9 <sup>00</sup>				e	e	e	e	e	e	e	e	e	e								
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e
	↓		↑											↓							↓

3 days                      10 days                      7 days

3. In complex therapy of pathology of the hepato-biliary-pancreatic complex and ulcerative-erosive lesions of the gastrointestinal tract, use **the systemic therapy of the standard course № 2 and standard course** with ERBISOL<sup>®</sup> medication

The 1<sup>st</sup> **standard course № 2** of therapy for 22 days    40 ampoules of ERBISOL<sup>®</sup> (e)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>				e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e
	↓																					↓

3 days                      18 days                      1 day

2 months after the end of the 1<sup>st</sup> course, begin the 2<sup>nd</sup> course of therapy.



6. In complex therapy of ischemic heart disease with chronic cardiac circulatory failure of I-II functional classes according to NYHA classification, use the **standard prolonged course with ERBISOL® Extra medication**

A course of therapy for 20-30 days  
**40-60 ampoules of ERBISOL® Extra (+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Time																															
6 <sup>00</sup> – 9 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

↓20-30 days↓

\* In patients with more severe chronic cardiac circulatory failure, this **standard prolonged course** is appropriate only after its stabilization at the level of functional class III according to NYHA classification.

7. In complex therapy of seasonal exacerbations of osteoarthritis, use **the intensive course with ERBISOL® Extra medication**

A course of therapy for 21 days  
**60 ampoules of ERBISOL® Extra (2+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Time																					
6 <sup>00</sup> – 9 <sup>00</sup>		2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

↓1↓19 days↓1↓



## 2. Treatment and prophylactic Erbisol therapy

is carried out for normalizing the functional activity of body organs and systems and secondary prophylaxis (ensuring the stability of remission)

**The 1<sup>st</sup> stage.** Use **the intensive combined prolonged course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 27 days**

**30 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

it is advisable to start on the 3<sup>rd</sup> day of the full moon

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27
Time					e	e	e																				
6 <sup>00</sup> – 9 <sup>00</sup>					e	e	e	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e

↓ 7 days ↓
↓ 20 days ↓

2 months after the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** Use **the intensive combined course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 21 days**

**20 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

it is advisable to start 2 days before the new moon

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Time																					
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e

↑1↓
↑1↓

2 months after the end of the 2<sup>nd</sup> stage, begin the 3<sup>rd</sup> stage of therapy.

**The 3<sup>rd</sup> stage.** Use **the intensive course** of immunomodulation, reparation, hepato-, cardiovascular protection with ERBISOL<sup>®</sup> Extra medication

**A course of therapy for 21 days**

**60 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
Time																					
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

↑1↓
↑1↓

### 3. Treatment and regenerative Erbisol therapy

is carried out for activating the processes eliminating abnormal cells (revision) and activating the regenerative processes (body restoration)

**The 1<sup>st</sup> stage.** To activate the processes eliminating abnormal and pathogenic cells (for body revision) and activate the restoration processes (restoration), use **the intensive combined prolonged course** of immunotherapy, reparation and hepato-, cardiovascular protection with ERBISOL<sup>®</sup> ULTRapharm and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 31 days**

**40 ampoules of ERBISOL<sup>®</sup> ULTRapharm (u) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

	full moon		new moon										full moon																			
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Time																																
6 <sup>00</sup> – 9 <sup>00</sup>			u	u	u	u	u	u	u	u	u	u	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
	↓2days↑		9 days									↑	10 days									↓	10 days									↓

2 months after the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** To activate the restorative processes (body restoration) with continued elimination of abnormal and pathogenic cells (revision), use **the intensive combined course** of immunotherapy, reparation and hepato-, cardiovascular protection with ERBISOL<sup>®</sup> ULTRapharm and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 21 days**

**20 ampoules of ERBISOL<sup>®</sup> ULTRapharm (u) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

	new moon										full moon											
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
	↓1↑	19 days																			↓1↑	

2 months after the end of the 2<sup>nd</sup> stage, begin the 3<sup>rd</sup> stage of therapy.

**The 3<sup>rd</sup> stage.** To maintain the recovery processes (body adaptation), use **the intensive course** of immunomodulation, reparation and hepato-, cardiovascular protection with ERBISOL<sup>®</sup> Extra medication

**A course of therapy for 21 days**

**60 ampoules of ERBISOL<sup>®</sup> Extra (+)**

	new moon										full moon											
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
	↓1↑	19 days																			↓1↑	

Medications should preferably be injected on an empty stomach 1-2 hrs before or 2-3 hrs after meals. Tea, juices, water, etc. can be consumed at any time.

Note:

- e - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> intramuscularly;
- + - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> Extra intramuscularly;
- u - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> ULTRapharm intramuscularly.