







**Specific courses of using ERBISOL® Extra medication**

**Standard semi-prolonged course of immunomodulation, reparation, and hepato-, cardiovascular protection**

in Endocrinology (diabetes mellitus); chronic pancreatitis

**A course of therapy for 30 days      50 ampoules of ERBISOL® Extra (+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Time 6 <sup>00</sup> – 9 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+										
	↓									20 days											↓									↓	

**Semi-intensive prolonged course of immunomodulation, reparation, and hepato-, cardiovascular protection**

in Neurology (demyelizing polyneuropathies, Parkinson's disease)

**A course of therapy for 30 days      70-75 ampoules of ERBISOL® Extra (+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Time 6 <sup>00</sup> – 9 <sup>00</sup>	+	+	+	+	+	+	+	+	+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	+	+	+	+	+	+	+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
	↓				8 days			↓						10-15 days																↓

**Semi-intensive combined course of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation**

in Nephrology (chronic pyelonephritis)

**20 ampoules of ERBISOL® (e) + 30 ampoules of ERBISOL® Extra (+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time 6 <sup>00</sup> – 9 <sup>00</sup>		+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	
	↓1↓														19 days							↓1↓



## Standard prolonged course № 2 of immunotherapy and hepatoprotection

A course of therapy for 38 days  
70 ampoules of ERBISOL® ULTRApHarm (u)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38		
Time																																								
6 <sup>00</sup> – 9 <sup>00</sup>				u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
	↓3 days↑			32 days																																↓3 days↑				

## Standard prolonged course № 3 of immunotherapy and hepatoprotection

A course of therapy for 48 days  
90 ampoules of ERBISOL® ULTRApHarm (u)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	...	44	45	46	47	48						
Time																																																	
6 <sup>00</sup> – 9 <sup>00</sup>				u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
	↓3 days↑			42 days																																↓3 days↑													

## Intensive course of immunotherapy and hepatoprotection

A course of therapy for 23 days  
50 ampoules of ERBISOL® ULTRApHarm (u)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>				u	u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	u	u	u		
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	
	↓3 days↑			↓2 d ↓		12 days												↓3+1 days↑				

## Intensive prolonged course of immunotherapy and hepatoprotection

A course of therapy for 29 days  
70 ampoules of ERBISOL® ULTRApHarm(u)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
Time																													
6 <sup>00</sup> – 9 <sup>00</sup>				u	u	u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	2u	u	u			
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u
	↓3 days↑			↓3 days↑			18 days																		↓2 d ↓		↓3 days↑		



# Erbisol therapy

– is systemic, step-by-step complex use of ERBISOL®  
class medications

## 1. Treatment and health-improving Erbisol therapy

is carried out for normalizing the functional activity of body organs and systems

**The 1<sup>st</sup> stage.** Use the **intensive combined prolonged course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL® and ERBISOL® Extra medications

### A course of therapy for 27 days

**30 ampoules of ERBISOL® (e) + 40 ampoules of ERBISOL® Extra (2+)**  
it is advisable to start on the 3<sup>rd</sup> day of the full moon.

	full moon				new moon													full moon											
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27		
Time																													
6 <sup>00</sup> – 9 <sup>00</sup>					e	e	e	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e		
	↓							↓																				↓	
	7 days							20 days																					

After the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** Use the **standard prolonged combined course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL® and ERBISOL® Extra medications

### A course of therapy for 36 days

**10 ampoules of ERBISOL® (e) + 60 ampoules of ERBISOL® Extra (+)**

Days	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63		
Time																																						
6 <sup>00</sup> – 9 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	e	e	e	e	e	
	↓																														↓						↓	
	30 days																														6 days							



## 2. Treatment and prophylactic Erbisol therapy

is carried out for normalizing the functional activity of body organs and systems and secondary prophylaxis (ensuring the stability of remission)

**The 1<sup>st</sup> stage.** Use the **intensive combined prolonged course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

### A course of therapy for 27 days

**30 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

it is advisable to start on the 3<sup>rd</sup> day of the full moon

	full moon				new moon																			full moon						
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27			
Time																														
6 <sup>00</sup> – 9 <sup>00</sup>					e	e	e	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+		
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e			
	↓							↓							↓													↓		
	7 days							7 days							20 days													7 days		

2 months after the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** Use the **intensive combined course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

### A course of therapy for 21 days

**20 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

it is advisable to start 2 days before the new moon

	new moon				full moon																	
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	
	↓		↓		↓																↓	
	1		1		19 days																1	

2 months after the end of the 2<sup>nd</sup> stage, begin the 3<sup>rd</sup> stage of therapy.

**The 3<sup>rd</sup> stage.** Use the **intensive course** of immunomodulation, reparation, hepato-, cardiovascular protection with ERBISOL<sup>®</sup> Extra medication

### A course of therapy for 21 days

**60 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

	new moon				full moon																	
Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	
	↓		↓		↓																↓	
	1		1		19 days																1	

