







## 2. Erbisol therapy

### in stages 1-2 of liver cirrhosis

(by METAVIR scale according to elastography or fibro test indices)

**The 1<sup>st</sup> stage.** Use the **intensive combined prolonged course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 27 days**

**30 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**  
it is advisable to start on the 3<sup>rd</sup> day of the full moon

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	
Time																												
6 <sup>00</sup> – 9 <sup>00</sup>					e	e	e	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e

↓ 7 days
↓ 20 days
↓

2 months after the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** Use the **intensive combined course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup> and ERBISOL<sup>®</sup> Extra medications

**A course of therapy for 21 days**

**20 ampoules of ERBISOL<sup>®</sup> (e) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)**  
it is advisable to start 2 days before the new moon

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>		2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e

↓ 19 days
↓

2 months after the end of the 2<sup>nd</sup> stage, begin the 3<sup>rd</sup> stage of therapy.

**The 3<sup>rd</sup> stage.** Use the **intensive course** of immunomodulation, reparation, hepato-, cardiovascular protection with ERBISOL<sup>®</sup> Extra medication

**A course of therapy for 21 days**

**60 ampoules of ERBISOL<sup>®</sup> Extra (2+)**

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>		2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

↓ 19 days
↓

In future, depending of health status, apply the courses of

**Treatment and prophylactic Erbisol therapy** or  
**Treatment and regenerative Erbisol therapy**

### 3. Erbisol therapy

#### in stages 3-4 of liver cirrhosis

(by METAVIR scale according to elastography or fibro test indices)

**The 1<sup>st</sup> stage.** Use **the intensive combined prolonged course** of immunomodulation, reparation, hepato-, cardiovascular protection and adaptation with ERBISOL<sup>®</sup>ULTRApHarm and ERBISOL<sup>®</sup> Extra medications

#### A course of therapy for 31 days

40 ampoules of ERBISOL<sup>®</sup> ULTRApHarm (u) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Time																																	
6 <sup>00</sup> – 9 <sup>00</sup>			u	u	u	u	u	u	u	u	u	u	u	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	

↑2days↑                      9 days                      ↓                      10 days                      ↓                      10 days                      ↓

2 months after the end of the 1<sup>st</sup> stage, begin the 2<sup>nd</sup> stage of therapy.

**The 2<sup>nd</sup> stage.** Use **the intensive combined course** of immunomodulation, reparation, hepato-, cardiovascular protection with ERBISOL<sup>®</sup> ULTRApHarm and ERBISOL<sup>®</sup> Extra medications

#### A course of therapy for 21 days

20 ampoules of ERBISOL<sup>®</sup> ULTRApHarm (u) + 40 ampoules of ERBISOL<sup>®</sup> Extra (2+)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u	u

↑1↓                      19 days                      ↓1↓

2 months after the end of the 2<sup>nd</sup> stage, begin the 3<sup>rd</sup> stage of therapy.

**The 3<sup>rd</sup> stage.** Use **the intensive course** of immunomodulation, reparation, hepato-, cardiovascular protection with ERBISOL<sup>®</sup> Extra medication

#### A course of therapy for 21 days

60 ampoules of ERBISOL<sup>®</sup> Extra (+)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
Time																						
6 <sup>00</sup> – 9 <sup>00</sup>			2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+	2+
21 <sup>00</sup> – 24 <sup>00</sup>	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

↑1↓                      19 days                      ↓1↓

In the future, apply the courses of treatment and rehabilitation Erbisol therapy, depending on the health status.

Medications should preferably be injected on an empty stomach 1-2 hrs before or 2-3 hrs after meals. Tea, juices, water, etc. can be consumed at any time.

Note:

- e - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> intramuscularly;
- + - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> Extra intramuscularly;
- u - 1 (one) ampoule per 2 ml of ERBISOL<sup>®</sup> ULTRApHarm intramuscularly.