

SPORTS MEDICINE

*To normalize the adaption capabilities of athletes, use **the pulsation course** of immunomodulation, hepatoprotection, reparation and adaptation with ERBISOL[®] medication*

A course of therapy for 30 days 50 ampoules of ERBISOL[®] (e)

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Time				e	e	e	e	e			e	e	e	e	e			e	e	e	e	e			e	e	e	e	e		
6 ⁰⁰ - 9 ⁰⁰				e	e	e	e	e			e	e	e	e	e			e	e	e	e	e			e	e	e	e	e		
21 ⁰⁰ - 24 ⁰⁰	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	e	
	3 days↑			5 days					↓2days↓			5 days					↓2days↓			5 days					↓2days↓		5 days			↑1↓	

Medications should preferably be injected on an empty stomach 1-2 hrs before or 2-3 hrs after meals. Tea, juices, water, etc. can be consumed at any time.

Note:

e - 1 (one) ampoule per 2 ml of ERBISOL[®] intramuscularly.